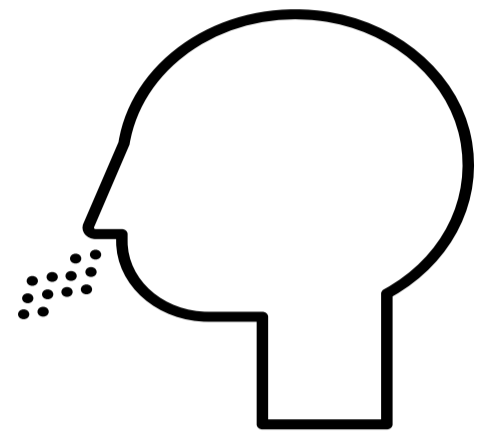


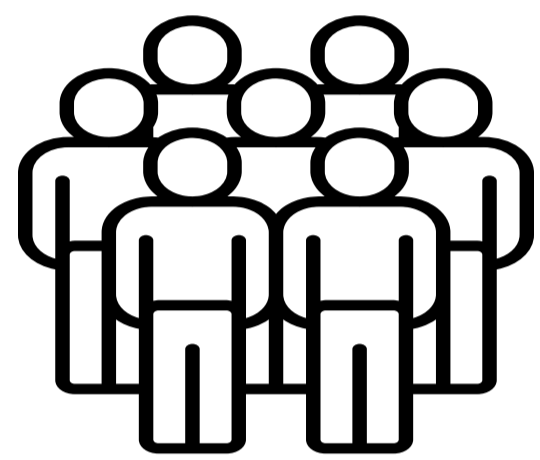
Novel Coronavirus (COVID-19) What You Need to Know

The Coronavirus can infect anyone.

How does it Spread?



Through droplets when an infected person coughs or sneezes

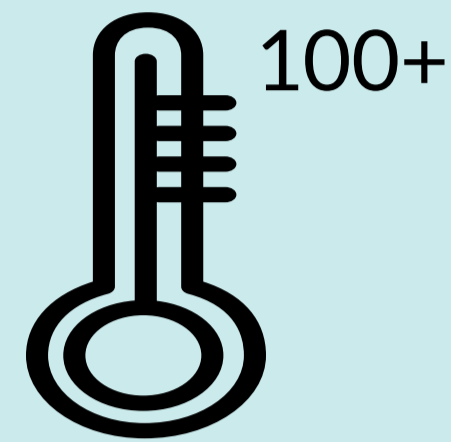


Close personal contact



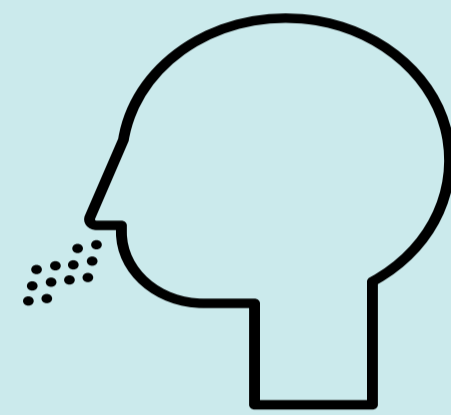
By touching a surface or object that has the virus on it and then touching your own eyes, nose, or mouth

What are the symptoms?

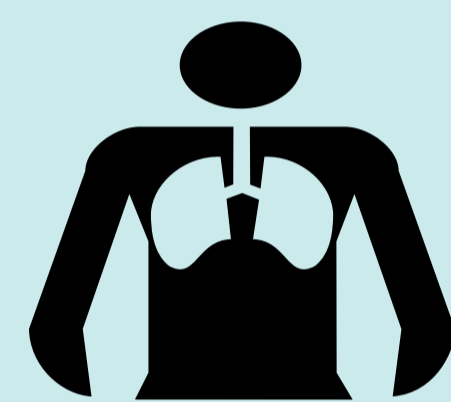


100+

Fever



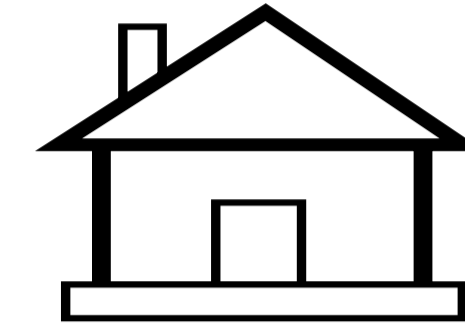
Coughing



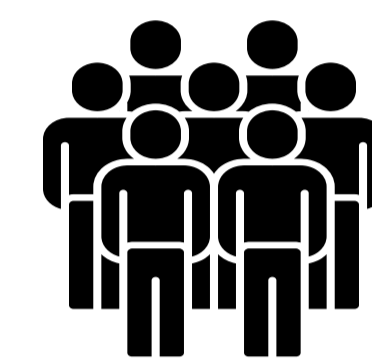
Difficulty Breathing

Symptoms may appear 2-14 days after contact with the virus

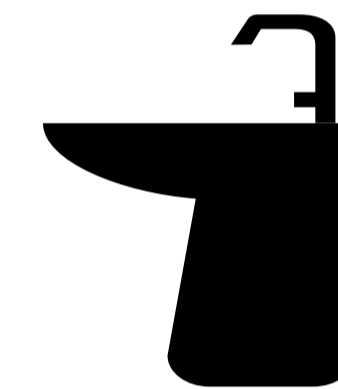
How do I protect myself and others?



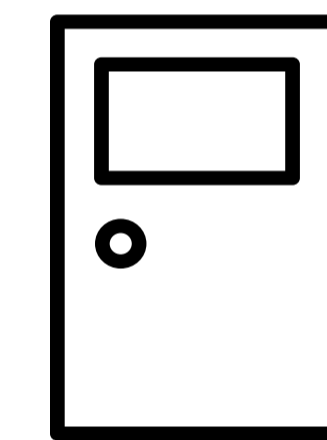
Stay home if you are sick except to get medical care



Avoid crowded places



Clean your hands often



Clean and disinfect frequently touched objects and surfaces



Avoid touching your eyes, nose, and mouth



Cover your cough or sneeze

If you are experiencing stress or feel anxious, call 1-800-273-8255 24-hour hotline or NAMI Chicago at 833-626-4244. Support in several languages.



**Collaboratory for
Health Justice**